



Mayda Rondón Reynolds is a Cuban-born immigrant living in Rowlett, Texas, who is known for her work with women's cancer support groups and for writing the book *Woman! Yes, you can!*

Key aspects of her life and work include:

- **Cancer support advocate:** She is the founder of the United Hearts in Action Foundation. As part of this foundation, she runs the United Hearts in Action Cancer/Focus Support Group in Rowlett for women cancer survivors.
- **Author:** In 2024, she published her book, *Woman! Yes, you can!* The book chronicles her life story of overcoming adversity and is intended to help others navigate life's challenges. She has also written *Women of Faith*.
- **Immigrant from Cuba:** She was born in Las Tunas, Cuba, and immigrated to the United States in 1971 through the "Freedom Flights".
- **Volunteer work:** Before and after moving to the Dallas area, she has been involved with various volunteer organizations, including Missing Children Global Network, Dress for Success, and Attitudes And Attire.
- **Other support groups:** In addition to her Rowlett group, she has founded two other support groups for women cancer survivors in Texas: the Pink Ladies Ensemble in Allen and the Nine After Five Women Support Group in Farmers Branch.